

YOU ARE THE BEST THING THAT EVER HAPPENED TO YOU!



I'm not that special
at all!
If I was able to go on
dates and find the
love of my life, so can
you!

**6 UNCOMPLICATED
HACKS TO MAKE HIM
FALL IN LOVE WITH YOU**

Let's do this!

6 UNCOMPLICATED HACKS TO MAKE HIM FALL IN LOVE WITH YOU

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I (*REALLY*) GET YOU!



Before meeting the love of my life, I found myself on a spree of countless dates that only lead me to disappointment...

Having so much pressure from everyone around me made me forget having fun on the way!

I also felt that any date that doesn't lead to a relationship is useless.

These experiences made me realize what I was missing when it comes to having the right mindset while going on dates.

Now, it's time for you to discover what you can do to make him fall in love with you! I have so much to share with you!

I can't wait for you to find the love of your life!

I believe in YOU!

Tamara

You are the best thing that ever happened to you!

Ask deep & intimate questions

Down the line, everybody just wants to be seen, heard, and understood.

And this, no matter the nature of the relationship!

So, in every relationship that you have in your life, keep in mind that everyone just wants to feel seen, heard, and understood. When they both do, the relationship is getting stronger.

People feel more connected to each other.

When it comes to a romantic relationship and even more when you don't know each other too much, asking deep and intimate questions will create a very special connection.

That's the very unique connection we are all craving for!

You both will feel like "Wow! She/he really gets me! I feel special!"

It's not basic and general questions that make us fall in love, but it's specific questions that in the end, make the one that is answering feel heard, seen, and understood in a special and romantic way.

I like to show the example of the question:
What did you study?

Of course, this could lead to an interesting conversation!

But this next question can lead to more "aliveness" and "closeness"! Don't you think?

If you could choose the activities to do that would make a perfect day, what would you choose?

Hack #1

This was a great example of a "basic" question and a "deep and intimate" question.

Let me give you a few more examples and then, remember that your BONUS is a list of an organized PDF of *The 36 Questions That Lead to Love!*

You'll receive this list tomorrow in your e-mails.

Use these questions already during the first date and you can also ask them also when having a conversation on the phone or chatting through text messages.

Of course, you can use "ordinary" and "extraordinary" questions to get to know each other!

I just have a little something for the extraordinary ones, they make things more interesting and more real! :)

Examples of ordinary questions:

- What is your favorite color?
- How was your experience at high school?
- Have you ever had a long relationship?

Examples of extraordinary questions:

- What is one of your favorite books (or movies) and why did you like it so much?
- What are the five things that you are most thankful for today?
- Over the last five years, how do you think you have changed?
- What's something that you'd like to try, but that you're too scared to try?
- What would be your dream vacation?
- If you could have been an eyewitness to any event in history, which one would you choose?

Listen genuinely

You might read this and feel like you are listening enough but I really want you to listen HARDER.

I organize this part in a few points for you to apply right away this technique:

- **Making them feel "heard" and important!**

We think that we are listening but very often, we are just waiting for our time to talk or to share our opinion!

And it goes with making this person feel important and valuable!

Don't forget: everybody just wants to be seen, heard, and understood.

So, when you're listening genuinely, you're showing to that person that they matter, that they are being "heard".

- **Be completely neutral, no judgment!**

Sometimes, when we listen to somebody, we have this flow of thoughts that is going on in our heads.

Do not try to eliminate it, but try to be as present as possible right here, right now.

Focus on that person and what she's talking to you about.

You'll have thoughts coming your way and that's fine, just let them pass like clouds in the sky and give your attention 100% to the other one.

Listen really from a place of compassion and non-judgment: You really want to understand them!

Hack #2

- Ask more questions to understand better!

Use questions such as:

- Can you tell me more about this?
- Really? How come?
- (You can rephrase what has been said and ask more details) Ah, so you told me that... How was it exactly?

- Say things that show that you're truly listening!

You'll see, when you're going to use those, people will LOVE you (and of course, that person especially!)

- Ah, that's interesting...!
- I didn't think about this!
- You're right...!
- This makes sense!

Of course, you have to mean it! :)

- Refrain from giving advice!

We always want to help others and show that we have the solution for them but, believe that they have all the resources to find the answers to their questions.

By just being there for them and listening, you are helping way more than you imagine.

- Don't always bring it back to you!

It might be tempting to share something about you or your life (and that's fine most of the time!) but read the situation: If you see that the person is sharing something personal, just let them talk! :)

Try it out, you'll see, people will LOVE hanging out with you even when you don't do anything outside of listening!

Hack #3

Look into their eyes

I know you might be smiling looking at that title but hear me out.

When you think about it, we aren't looking too much into other people's eyes. Maybe you are and if you're one of those people, good for you!

But I really want you to pay extra attention to looking at them in the eyes.

When someone is talking to us, they might look at different places and that's totally normal.

When you are talking, you might look on the right, on the left and that's normal too!

But when you are listening to what the other one is sharing, look into their eyes as much as possible.

Of course, do not...

- Stare at them weirdly!
- Look at them like a stalker!
- Look without actually listening!

When you're naturally looking into their eyes and you're truly listening to what they are sharing with you, again, this person will feel "seen, heard, and understood".

They will probably think "I can't believe that she's listening to me! Nobody does that! That's amazing!"

I'm very serious about this :)

You can definitely use this technique to make someone fall in love with you and you can also use it to create a deeper connection with anybody else.

It simply works!

Smile sincerely and have fun!

This title may also make you smile but hear me out, again ;)

I know that putting yourself out there, meeting tons of different people, etc., can all be very overwhelming and quite exhausting. I totally get it!

But always, keep in mind this idea: **What if all of this was part of the process?**

Down the line, you really want a relationship and there's no downside to thinking that it was always supposed to be that way!

So, don't spin in the past by thinking things such as "it's always been hard, I struggled to find love, etc."

Don't also overthink the future by asking yourself questions such as "will I be alone forever?"

BE in the present, have fun on the way and you do that by taking that pressure off and by being more FUN and SMILING during the date.

How do you practically do that?

When you meet someone (and even while texting or on the phone!), be in the present as much as possible and smile, be pleasant to be around!

Ask yourself: How does someone *pleasant to be around* look like?

- How does she behave?
- What is she thinking?
- How is she feeling?

Hack #4

Enjoy the life that you're living right here right now!

And really, extremely important: **Don't take yourself too seriously!** :)

You do this when you...

- Laugh at jokes!
- Dedramatize the whole dating situation, it's not as bad/dangerous/critical as you think it is!
- Take things more lightly: Nothing is really against you, nobody is doing this on purpose against you...

Keep in mind really the idea of:

It was always supposed to happen this way.

How do we know this?

Because it happened and is happening like this! :)

Byron Katie is the one saying this: Things are happening a certain way and some things are out of your control.

When you argue with what happens, she says that we are arguing with reality.

So, start from wherever you are right now.

Don't blame yourself either for your past, don't stress over the future.

Be in the present, smile, laugh, and again, do not take yourself too seriously!

Love yourself first

I know that this might surprise you to appear in a *strategy book* to make someone fall in love with us!

But actually, it has its place!
Let me tell you more about it...

You make someone fall in love with you when you...

- **Feel good about yourself.**

We can be very hard on ourselves!
I like to say that we sometimes talk ourselves like we would never talk to anybody else!

And we don't have to be in love 100% of the time with ourselves, but we have to become our own friend.

That way, you are giving yourself tons of love and appreciation!
And then, you don't need somebody else's love to compensate for that love.

I'm not saying that we don't need other's people love, of course, we do!

But if you love yourself and feel good about yourself, the love you want from that relationship with another person isn't coming from a place of lack.

It's really coming from a place of wanting to have a deep connection with another person and it doesn't look needy at all!

How do you do that practically?

You get to know yourself better!

Who are you really? What do you like doing?

Hack #5

Become your own friend, start loving hanging out with yourself!

You make someone fall in love with you also when you...

- Consider them as a **BONUS** to your life.

It's totally legitimate that you want a relationship and a great connection with somebody!

It will be an important part of your life!

But it's essential also that you don't make it the center of your happiness, the only cause of it.

You have to get to a point where you **LOVE** your life without a relationship.

And again, this will show so much difference in the way you're showing up when you go on dates.

Because you won't be "needy" or showing that you absolutely need this love and this relationship for you to feel good!

You are already feeling good with yourself and with your life and that person is just the (amazing) cherry on the cake! :)

You don't need other people's approval or validation to love yourself, you can just do it :)

I used to struggle a lot with loving myself and feeling good about myself, so, I totally get you!
You're definitely not alone with this.

But, it is true that the moment that you feel good about yourself and that the other one is a "bonus" to you and your life, you're going to be sooo *radiant!*

Have the "0 expectation" mindset

All of us have expectations of everyone around us.

We have expectations of our friends, our families, and even of ourselves, which is a topic by itself!

In my point of view, expectations aren't unhelpful for relationships.

They create pressure and make the other one feel like it's being put to a test, on the grill.

Imagine how **you** feel about expectations that other people have of you.

From the stories my students and life coaching clients are telling me, dating has a whole set of common expectations, some kind of a "model" that people imagine about how the date should look like.

For example, "the guy should always pay for the meal".

The list goes on and on!

The problem with that is that it removes any opening to originality and surprise and it puts lots of pressure on yourself and on the person, you're having the date with.

Having the 0 expectation mindset basically means arriving at the date and imagining that you don't have any idea what a date should look like, you're basically meeting another person and that's the only thing you know.

No other expectation regarding what should or shouldn't happen at that meeting

Hack #6

Should he pick you up in his car?

He might, he might not, both options are completely fine.

Should you kiss on the first date?

"Should" doesn't apply to this situation, whatever happens, is just fine.

Having this 0 expectation mindset will also help you feel more relaxed and open to the situation in addition to you not putting pressure on the other person.

It might not be super intuitive to adjust to that mindset, but with a little bit of self-talk, you can definitely get there and you'll see, it's completely life-changing.

So, drop the expectations of yourself, of what should happen during the date, and of that other person.

CONGRATS!

You did it!



I truly hope that looking at these mistakes helps you think about the way you're showing up and how things can be different! :)

I'm 100% convinced that nothing's wrong with you and that you can find true love out there!

Take the time to really re-read this e-book and believe that you are exactly where you're supposed to be!

If you would know for sure that you would be in a relationship 6 months from now, **how different would you show up today?**

How would you feel today?

What if you would start today by feeling this way?

This is where I can help you!

I've helped so many beautiful women find love and now, it's your turn.

Send me an email at tamara@personal-development-zone.com and let's chat about your future relationship.

I'm going to help you be in a real relationship 6 months from now or less using my proven formula.

You're in?

You are the best thing that ever happened to you!



Let's keep in touch!

[Get Confident, Get Happy Podcast](#)

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